

EXTRA - CURRICULAR PROGRAMME TERM 3 (2019)

1. The following is just a guideline and is subject to change.
2. Any queries about individual extramurals should be taken up with the teacher-in-charge and **notice boards should be consulted regularly.**
3. The date upon which the extramural will begin is up to the teacher-in-charge (ie not necessarily in the first week).

	MONDAY	TIC	TUESDAY	TIC	WEDNESDAY	TIC	THURSDAY	TIC	FRIDAY	TIC
<b>Before School</b>			Water Polo (Parktown Boys) 06:00 - 07:00	Miss Malcolm	Fitness 06:00 - 07:00 Cross Country 06:00 - 07:00 Swimming(Parktown Boys) 06:00 - 07:00	Miss van Eyk Mrs Hayter Miss Whyte			Swimming (Parktown Boys) 06:00 - 07:00	Miss Whyte
<b>After School</b>	Tennis - Social 14:30-16:30 Squash (Beginners) Parkview (14:40-15:40) Marimbas Art Centre Beginners 14:30 - 15:30 Advanced 15:30 - 17:00 Traditional choir Room 30 (14:30 - 15:30) Meditation and Yoga Class Pavillion 14:30 - 15:40 (outside coach) Cross Country (14:30 - 15:30) Sole Survivors (Walking) 14:30 - 15:30 Hip-Hop Hoepoe 14:30 - 17:00 First Aid (beginners) 14:30 - 15:20 Pottery Club Room 47 (14:30 - 15:30) Soccer E-Field 1st Team & U17 Team 14:30 - 16:00 U15 A & B Teams 16:00 - 17:30 Softball E-Field 15:30 - 17:00 All Teams Hockey Junior Skills Session 14:30 - 16:00 Touch Rugby U14 Team 14:30 - 16:00 U15 Team 15:30 - 17:00	Miss Moreira Mrs F Patel Miss Shay Miss Morulane Mrs Davidson (outside coach) Mrs Hayter Mrs Jurgens Miss van Blerk Mrs Seery Mrs Atwell Miss Haus Mrs Davidson Miss White Mrs Wilson	Canoeing (Emmerentia Dam) 14:30 - 16:30 Choir (14:30-17:00) Room 30 Public Speaking 14:30 - 15:30 Room 19 Traditional Dance Gym 14:40 - 15:40 Debating (General) Room 20 14:30 - 16:30 Cross Country (14:30 - 15:30) Cont. Dance (Hoepoe) 14:45 - 15:45 Team 15:45 - 17:00 Chess 14:30 - 16:00 Room 22 Art Club Room 47 (14:30 - 15:30) Softball Matches Hockey Senior Skills Session 14:30 - 16:00 Junior Skills Session 16:00 - 17:30 Soccer Matches Squash (Intermediate) 14:40 - 15:40 Parkview Squash Courts	Mr Metcalffe Mrs Fourie Ms Schmidt Mrs Sithole Mr Ciric Mrs Strauss Miss Rorke Mrs Atwell Mrs Davidson Miss White Mrs Wilson	Tennis Team Practices 14:30-16:30 Fitness 14:30 - 15:30 E-Field Hip-Hop (beginners) Hoepoe 14:30 - 15:30 Traditional Dance Gym 14:40 - 16:40 Orchestra 14:30 - 16:30 Music Room Soccer U15 A & U17 Team 14:30 - 16:00 1st Team & U15 B Team 16:00 - 17:30 Touch Rugby U16 Team & 2nd Team 14:30 - 16:00 1st Team 16:00 - 17:30 Water Polo (Parktown Boys) 15:00 - 16:30	Miss Moreira Miss Whyte Miss van Blerk Mrs Sithole Mrs Francis Miss Haus Mrs Wilson Miss Malcom	Yoga Pavilion 14:40-15:45 Cross country 14:30 - 15:30 Poetry Club Room 21 14:30 - 15:30 Marimbas Intermediate 14:30 - 15:30 Advanced 15:30 - 17:00 Community Service 14:30 - 16:00 Empower Photography Room 38 14:30 - 16:30 Orchestra Music Room 14:30 - 16:30 Theatre Thec Room 17 14:30 - 16:00 Softball Matches Soccer Matches Squash (Team) Parview (14:40-15:40) Cont. Dance (Hoepoe) Team 14:45 - 16:00 1st Team fitness & Conditioning Water Polo & Swimming 14:30 - 15:30	Mrs Tweedy Mrs Hayter Miss Sehannie Miss Shay Mrs Govender Miss Tweedy Mrs Knobel Mrs Francis Mr Hood Mrs Davidson Miss Haus Mrs F Patel Mrs Strauss Mr Turner	Canoeing Emmerentia Dam 14:30 - 16:30 First Aid Team 14:30 - 15:30 Debating Room 20 14:30 - 16:30 Chess 14:30 - 16:00 Room 22 Hockey Senior Skills Session 15:30 - 17:00 Softball Practice 14:30 - 16:00 All teams E-Field Soccer Goal-Keeper Session 14:30 - 15:30 K-Field Squash Matches Hip-Hop Hoepoe 14:30 - 17:00 Touch Rugby U14 & U15 Teams 14:30 - 16:00 U16 Team, 2nd & 1st Team 15:30 - 17:00 Tennis Ball Machine Practice 14:30 - 15:30	Mr Metcalffe Mrs Seery Mr Ciric Miss Rorke Miss White Mrs Davidson Miss Whyte Mrs F Patel Miss van Blerk Mrs Wilson Miss van Eyk

**Weekend**  
Sports tournaments  
Cultural Festivals & Competitions

Please see the D6 and the Netball board for Saturday Netball clinics

Please check the D6 Communicator calendar for planned weekend events, these are subject to change

**Regional Science Expo** - Time confirmed with teacher individually

Canoeing will start later in the term.

Touch Rugby will start later in the term.