

EXTRA - CURRICULAR PROGRAMME TERM 1 (2021)

1. The following is just a guideline and is subject to change.
2. Any queries about individual extramurals should be taken up with the teacher-in-charge and **notice boards should be consulted regularly.**
3. The date upon which the extramural will begin is up to the teacher-in-charge (ie not necessarily in the first week).

	MONDAY	TIC	TUESDAY	TIC	WEDNESDAY	TIC	THURSDAY	TIC	FRIDAY	TIC
Before School	Team Swimming 06:00 - 07:10	Miss Whyte	Water Polo	Miss Malcolm	Fitness 06:00 - 07:00	Mrs McCreesh	Cross Country 06:00 - 07:00	Mrs Hayter	Team Swimming 06:00 - 07:10	Miss Whyte
			1st Team 06:00 - 07:00		Cross Country 06:00 - 07:00	Mrs Hayter			Hockey 1st & U16A 06:00 - 07:00	Mrs Pautz
			Team Tennis		Team Swimming 06:00 - 07:10	Miss Whyte				
			Machine session 06:00 - 07:00	Miss Gibbons	Diving squad 06:00 - 07:00	Miss Sekhwela				
After School	Tennis - Team 14:30-16:00	Miss Gibbons	Canoeing	Mr Metcalffe	Tennis - Social Practices	Miss Gibbons	Yoga Pavilion 14:40-15:45	Ms Meyer	Canoeing 14:30 - 15:30	Mr Metcalffe
	Squash	Mrs F Patel	Emmerentia Dam 14:30 - 16:30		Session 1 14:30 - 15:30		Cross country 14:30 - 15:30	Mrs Hayter	Fitness session (E-field)	
	E-Field 14:30 - 15:30		Netball	Mrs Bouwer	Session 2 15:30 - 16:30		Poetry Club	Miss McAlpine	First Aid Team 14:30 - 15:30	Mrs Seery
	Marimbas Room 39	Miss Morulane	U15's 14:30 - 16:00		Fitness E-field 14:30 - 15:30	Miss Whyte	Room 22 14:30 - 15:30		Debating	Mr Ciric
	Beginners 14:30 - 15:30		U17's & U18's 14:30 - 16:00		Hip-Hop (beginners)	Miss van Blerk	Marimbas Room 39	Miss Morulane	Room 20 14:30 - 16:30	
	Advanced 15:30 - 17:00		Choir Room 30 14:30 - 15:30	Mrs Fourie	Hall 14:30 - 16:00		Intermediate 14:30 - 15:30		Water Polo Main Pool	Miss Malcolm
	Traditional choir	Miss Morulane	Public Speaking Room 19	Mrs Lamberti	Traditional Dance	Mrs Sithole	Advanced 15:30 - 17:00		Junior Teams 14:30 - 16:00	
	Room 30 14:35 - 15:35		All 14:30 - 15:30		Pavillion 14:40 - 16:40		Community Service 14:30 - 16:00	Mrs Govender	Senior Teams 14:30 - 16:30	
	Diving	Miss Sekhwela	Advanced 15:30 - 16:00		Orchestra	Mrs Francis	Photography	Miss Jurgens	Chess	Mrs Hunzinger
	Beginners 15:30 - 17:15		Traditional Dance	Mrs Sithole	Music Room 14:30 - 16:30		Room 25 14:30 - 16:30		Room 22 14:30 - 16:00	
	Hockey	Mrs Pautz	Pavillion 14:40 - 15:40		Cont. Dance	Ms Strauss	Orchestra	Mrs Francis	Hip Hop	Miss van Blerk
	U16 A & B 14:30 - 16:00		Debating General	Mr Ciric	Hoepoe 14:45 - 15:45		Music Room 14:30 - 16:30		Hoepoe 14:30 - 17:00	
	2nd Team, U15 A & B 16:00 - 17:30		Room 20 14:30 - 16:30		Netball	Mrs Bouwer	Theatre Thec Room 58 14:30 - 16:00	Miss Sehanie		
	Cross Country 14:30 - 15:30	Mrs Hayter	Cross Country 14:30 - 15:30	Mrs Hayter	U14's & U16's 14:30 - 16:00		Hockey	Mrs Pautz		
	Team Swimming	Miss Whyte	Team Swimming	Miss Whyte	Empower	Miss Rood	2nd Team, U14 A & B 14:30 - 16:00			
	Main pool 14:30 - 16:00		Main pool 14:30 - 16:00		Water Polo	Miss Malcolm	1st Team, U16 A & B 16:00 - 17:30			
	Sole Survivors	Miss Jurgens	Water Polo	Miss Malcolm	Senior Teams 15:00 - 16:30		Diving (Squad) 15:00 - 17:15	Miss Sekhwela		
	Walking Club 14:30 - 15:30		Junior Teams 16:00 - 17:30		Hockey	Mrs Pautz	Tennis Team 14:30 - 16:00	Miss Gibbons		
	Hip-Hop	Miss van Blerk	Hockey	Mrs Pautz	Goal-Keeper Session 14:30 - 16:00		Netball	Mrs Bouwer		
	Hoepoe 14:30 - 17:00		1st Team, U15 A & B 14:30 - 16:00				U15's 14:30 - 16:00			
	First Aid	Mrs Seery	U14 A & B 16:00 - 17:30				U17's & U18's 14:30 - 16:00			
	Beginners 14:30 - 15:20		Cont. Dance Hoepoe	Ms Strauss			Touch Rugby	Mrs Wilson		
	Netball	Mrs Bouwer	14:45 - 16:15				Juniors E-field 14:30 - 16:00			
	U14's & U16's 14:30 - 16:00		Chess	Mrs Hunzinger			Seniors K-field 16:00 - 17:30			
			Room 22 14:30 - 16:00				Swim for Life	Mrs Eckhardt		
			Theatre Thec	Miss Sehanie			Main pool 14:30 - 15:30			
			Room 58 14:15 - 16:00							
			Touch Rugby	Mrs Wilson						
		Juniors E-field 14:30 - 16:00								
		Seniors K-field 16:00 - 17:30								

Weekend	Saturday
Sports tournaments	Diving (beginners) 09:00 - 10:00
Cultural Festivals & Competitions	Diving (Squad) 10:00 - 12:00

Please check the D6 Communicator calendar for planned weekend events, these are subject to change
Regional Science Expo - Time confirmed with teacher individually