

EXTRA - CURRICULAR PROGRAMME TERM 1 (2020)

1. The following is just a guideline and is subject to change.
2. Any queries about individual extramurals should be taken up with the teacher-in-charge and **notice boards should be consulted regularly.**
3. The date upon which the extramural will begin is up to the teacher-in-charge (ie not necessarily in the first week).

	MONDAY	TIC	TUESDAY	TIC	WEDNESDAY	TIC	THURSDAY	TIC	FRIDAY	TIC
<b>Before School</b>	<b>Team Swimming</b> 06:00 - 07:10	Miss Whyte	<b>Cross Country</b> 06:00 - 07:00	Mrs Hayter	<b>Fitness</b> 06:00 - 07:00	Miss van Eyk			<b>Team Swimming</b> 06:00 - 07:10	Miss Whyte
					<b>Cross Country</b> 06:00 - 07:00	Mrs Hayter			<b>Hockey 1st &amp; U16 A</b> 06:00 - 07:00	Miss White
					<b>Team Swimming</b> 06:00 - 07:10	Miss Whyte				
					<b>Diving (squad)</b> 06:00 - 07:00	Miss Sekhwela				
<b>After School</b>	<b>Tennis - Team</b> 14:30-16:00	Ms Moreira	<b>Canoeing</b>	Mr Metcalffe	<b>Tennis - Social Practices</b>	Ms Moreira	<b>Yoga Pavilion</b> 14:40-15:45	Mrs Tweedy	<b>Canoeing</b>	Mr Metcalffe
	<b>Squash (Beginners)</b>	Mrs F Patel	(Emmerentia Dam) 14:30 - 16:30		Grade 8's 14:30 - 15:30		<b>Cross country</b> 14:30 - 15:30	Mrs Hayter	Emmerentia Dam 14:30 - 16:30	
	Parview Squash Courts 14:45-15:45		<b>Netball</b>	Mrs Bouwer	<b>Fitness</b> 14:30 - 15:30 E-Field	Miss Whyte	<b>Poetry Club</b>	Miss Sehannie	<b>First Aid Team</b> 14:30 - 15:30	Mrs Seery
	<b>Marimbas Art Centre</b>	Miss Morulane	Junior Teams 14:30 - 15:30		<b>Hip-Hop (beginners)</b>	Miss van Blerk	Room 21 14:30 - 15:30		<b>Debating</b>	Mr Ciric
	Beginners 14:30 - 15:30		Senior Teams 15:30 - 16:30		Hoepoe 14:30 - 16:00		<b>Marimbas</b>	Miss Morulane	Room 20 14:30 - 16:30	
	Advanced 15:30 - 17:00		<b>Choir Room 30 (To be confirmed)</b>	Mrs Fourie	<b>Traditional Dance</b>	Mrs Sithole	Intermediate 14:30 - 15:30		<b>Squash Matches</b>	Mrs F Patel
	<b>Traditional choir</b>	Miss Morulane	<b>Public Speaking</b> Room 19	Ms Schmidt	Gym 14:40 - 16:40		Advanced 15:30 - 17:00		<b>Water Polo</b> Main Pool	Miss Malcolm
	Room 30 (14:35 - 15:35)		14:30 - 15:30 Beinners		<b>Orchestra</b> 14:30 - 16:30 Music Room	Mrs Francis	<b>Community Service</b> 14:30 - 16:00	Mrs Govender	Junior Teams 14:30 - 16:00	
	<b>Diving</b> 15:30 - 17:15	Miss Sekhwela	15:30 - 16:30 Advanced		<b>Water Polo Matches</b>	Miss Malcolm	<b>Empower</b>	Miss Tweedy	Senior Teams 14:30 - 16:30	
	<b>Beginner Swimming</b>	Mrs Eckhardt	<b>Traditional Dance</b>	Mrs Sithole	<b>Touch Rugby</b>	Mrs Wilson	<b>Photography</b>	Mrs Knobel	<b>Touch Rugby Matches</b>	Mrs Wilson
	House pool		Gym 14:40 - 15:40		Juniors 14:30 - 16:00 (K-field)		Room 38 14:30 - 16:30		<b>Chess</b> 14:30 - 16:00 Room 22	Miss Rorke
	Session 1 14:40 - 15:10		<b>Debating (General)</b>	Mr Ciric	Seniors 14:30 - 16:00 (E-field)		<b>Orchestra</b>	Mrs Francis	<b>Hip Hop</b>	Miss van Blerk
	Session 2 15:10 - 15:40		Room 20 14:30 - 16:30		<b>Hockey Goal-Keeper Session (all)</b>	Miss White	Music Room 14:30 - 16:30		Hoepoe 14:30 - 17:00	
	<b>Hockey</b>	Miss White	<b>Cross Country (14:30 - 15:30)</b>	Mrs Hayter	Astro-turf 14:30 - 16:00		<b>Theatre Thec</b> Room 17 14:30 - 16:00	Mr Hood		
	1st Team, U16 A & B	14:30 - 16:00	<b>Tennis matches</b>	Ms Moreira			<b>Hockey</b>	Miss White		
	2nd Team, U15 A & B	16:00 - 17:30	<b>Team Swimming</b>	Miss Whyte			2nd Team, U14 A & B	14:30 - 16:00		
	<b>Cross Country</b> (14:30 - 15:30)	Mrs Hayter	Main pool 14:30 - 16:00				1st Team, U16 A & B	16:00 - 17:30		
	<b>Water Polo</b>	Miss Malcolm	<b>Water Polo</b>	Miss Malcolm			<b>Intermediate Swimming</b>	Mrs Eckhardt		
	Senior Teams 16:00 - 17:30		Junior Teams 16:00 - 17:30				14:30 - 15:30 school pool			
	<b>Team Swimming</b>	Miss Whyte	<b>Hockey</b>	Miss White			<b>Diving</b> 14:30 - 16:00	Miss Sekhwela		
	Main pool 14:30 - 16:00		U15 A & B	14:30 - 16:00			<b>Swimming Gala's</b>	Miss Whyte		
	<b>Touch Rugby</b>	Mrs Wilson	U14 A & B	16:00 - 17:30			<b>Squash (Team)</b>	Mrs F Patel		
	Juniors 14:30 - 16:00 (K-field)		<b>Cont. Dance (Hoepoe)</b>	Ms Strauss			Parview (14:40-15:40)			
	Seniors 14:30 - 16:00 (E-field)		Beginners 14:45 - 15:45				<b>Cont. Dance (Hoepoe)</b>	Ms Strauss		
	First Team 15:30 - 17:00 (E-field)		Team 15:45 - 17:00				Team 14:45 - 16:00			
	<b>Sole Survivors (Walking)</b>	Mrs Jurgens	<b>Chess</b> 14:30 - 16:00 Room 22	Miss Rorke			<b>Tennis - Team practice</b> 14:30 - 16:00	Ms Moreira		
	14:30 - 15:30		<b>Art Club</b>	Mrs Atwell			<b>Netball</b>	Mrs Bouwer		
	<b>Hip-Hop</b>	Miss van Blerk	Room 47 (14:30 - 15:30)				Junior Teams 14:30 - 15:30			
Hoepoe 14:30 - 17:00		<b>Squash (Intermediate)</b>	Mrs F Patel			Senior Teams 15:30 - 16:30				
<b>First Aid (beginners)</b>	Mrs Seery	14:45 - 15:45 Parkview Squash Courts								
14:30 - 15:20										
<b>Pottery Club</b>	Mrs Atwell									
Room 47 (14:30 - 15:30)										
<b>Tennis - Social Practices</b>	Ms Moreira									
(Grade 9-12) 16:00 - 17:00										

Weekend	Saturday
Sports tournaments	Diving (beginners) 09:00 - 10:00
Cultural Festivals & Competitions	Diving (Squad) 10:00 - 12:00

Please check the D6 Communicator calendar for planned weekend events, these are subject to change  
**Regional Science Expo** - Time confirmed with teacher individually