

EXTRA - CURRICULAR PROGRAMME TERM 4 (2018)

1. The following is just a guideline and is subject to change.
2. Any queries about individual extramurals should be taken up with the teacher-in-charge and *notice boards should be consulted regularly.*
3. The date upon which the extramural will begin is up to the teacher-in-charge (ie not necessarily in the first week).

	MONDAY	TIC	TUESDAY	TIC	WEDNESDAY	TIC	THURSDAY	TIC	FRIDAY	TIC
Before School	Swimming (06:00 - 07:00)	Mrs Roos			Fitness (06:00 - 07:00)	Miss van Eyk	Cross Country (06:00 - 07:00)	Mrs Hayter		
					Touch Rugby 1st Team 06:00 - 07:00	Miss Richardson	Swimming (06:00 - 07:00)	Mrs Roos		
After School	Tennis - Social 14:30-16:30	Miss Moreira	Canoeing	Mr Metcalffe	Tennis Team Practices 14:30-16:30	Miss Moreira	Yoga Pavilion 14:40-15:45	Mrs Tweedy	Canoeing	Mr Metcalffe
	Squash (Beginners)	Mrs F Patel	(Emmerentia Dam) 14:30 - 16:30		Fitness 14:30 - 15:30 E-Field	Miss van Eyk	Cross country 14:30 - 15:30	Mrs Hayter	Emmerentia Dam 14:30 - 16:30	
	Parview (14:40-15:40)		Sole Survivors (Walking)	Mrs Jurgens	Hip-Hop Beginners	Miss van Blerk	Poetry Club	Mrs Hodgson	First Aid Team 14:30 - 15:30	Mrs Seery
	Marimbas Art Centre	Miss Shay	14:30 - 15:30		Hoepoe 15:00 - 17:00		Room 21 14:30 - 15:30		Debating	Mr Ciric
	Beginners 14:30 - 15:30		Netball skills	Mrs Bouwer	Traditional Dance	Mrs Sithole	Adv Cont. dance	Mrs Strauss	Room 20 15:30 - 17:00	
	Advanced 15:30 - 17:00		14:30 - 16:00		Gym 14:40 - 16:40		Hoepoe 14:45 - 16:00		Performing Arts Programme	Ms Te Rey
	Traditional choir	Miss Morulane	Choir (14:30-17:00) Room 30	Mrs Fourie	Orchestra 14:30 - 16:30 Music Room	Mrs Francis	Marimbas	Miss Shay	Gym 14:30 - 15:30	
	Room 30 (14:30 - 15:30)		Fun Dance Fit	Mrs Nel	Hockey Goal-Kepper Session	Miss White	Intermediate 14:30 - 15:30		Hockey Skills	Miss White
	Cont. Dance Hoepoe	Miss Strauss	Hoepoe (14:30 - 15:30)		Astro 14:45 - 15:45		Advanced 15:30 - 17:00		Astro 14:30 - 16:00	
	First Team 14:45 - 16:00		Pottery/Art Club	Mrs Maene	Touch Rugby	Miss Richardson	Community Service 14:30 - 16:00	Mrs Govender	Squash (Team)	Mrs F Patel
	Beginners 16:00 - 17:00		Room 47 (14:30 - 15:30)		U14 14:30 - 16:00 (E-field)		Science Club	Mrs Meyer	Parkview 14:40 - 15:40	
	Meditation and Yoga Class	Mrs Davidson	Marimbas (14:30 - 15:30)	Miss Shay	Water Polo Matches	Miss Malcolm	Lab 4 14:30 - 15:30		Beginner Swimming	Mrs Eckhard
	Pavillion 14:30 - 15:40		Public Speaking	Ms Schmidt	Diving 15:30 - 17:15	Miss van Eyk	Empower	Miss Tweedy	House pool	
	Water Polo	Miss Malcolm	14:30 - 15:30 Room 19				Photography	Miss McAlpine	Session 1 14:30 - 15:00	
	Juniors Pool (14:30 - 16:00)		Traditional Dance	Mrs Sithole			Room 38 14:30 - 16:30		Session 2 15:00 - 15:30	
	Seniors Pool (16:00 - 17:30)		Gym 14:40 - 15:40				Orchestra	Mrs Francis	Swimming 14:30 - 16:00	Mrs Roos
	Diving 15:30 - 17:15	Miss van Eyk	Debating (General)	Mr Ciric			Music Room 14:30 - 16:30			
	Beginner Swimming	Mrs Eckhard	Room 20				Backstage Room 17 14:30 - 16:00	Mr Hood		
	House pool		Cross Country (14:30 - 15:30)	Mrs Hayter			Hockey Skills	Miss White		
	Session 1 14:40 - 15:10		Tennis matches	Miss Moreira			Astro 15:30 - 17:00			
	Session 2 15:10 - 15:40		Touch Rugby	Miss Richardson			Intermediate Swimming	Mrs Eckhard		
			Juniors 14:30 - 16:00 (K-field)				14:30 - 15:30 school pool			
			Seniors 16:00 - 17:30 (E-field)				Touch Rugby	Miss Richardson		
			Swimming	Mrs Roos			u15 & u16 14:30 - 16:00 (K-field)			
			14:30 - 15:45				1st & 2nd 16:00 - 17:30 (E-field)			
			Water Polo	Miss Malcolm			Beginner Swimming	Mrs Eckhard		
			All teams 15:45 - 17:30				House pool			
			Beginner Swimming	Mrs Eckhard			Session 1 14:30 - 15:00			
			House pool				Session 2 15:00 - 15:30			
			Session 1 14:30 - 15:00							
			Session 2 15:00 - 15:30							

Weekend	Saturday
Sports tournaments	Diving (beginners) 09:00 - 10:00
Cultural Festivals & Competitions	Diving (Squad) 10:00 - 12:00

Please check the D6 Communicator calendar for planned weekend events, these are subject to change

Canoeing and Tennis matches will start later in the term - Please check the relative sports boards for further details
Shakespeare - by arrangement with Mrs Hodgson

Regional Science Expo - Time confirmed with teacher individually

Saturday - Diving practice

Swimming and Water Polo practice will commence at Parktown Boys (PB) heated pool until it is warm enough to swim in our own